



*Delft, januari 2026*

*Dear Sir/Madam*

**When are you entitled to receive a food packet?**

You can receive a free food packet for yourself and your family if you are in a serious financial crisis. These food packets are not meant for those with just a tight budget, as there are not enough free food packets available. To determine if you're eligible, we review your finances. We calculate all your regular monthly household income and subtract unavoidable fixed costs, like rent, utilities, insurance, and debt repayments. If, after this calculation, you have less than €335 per month for food and clothing (for a single person), you are considered to be in an emergency situation. For each additional adult, this threshold increases by €125, and for each child, the threshold also increases by €125. For example, for a family of two adults and two children, the threshold would be €710 per month. This amount is set by Stichting Voedselbanken Nederland.

**What information do we need from you?**

A social service will fill out an application form on your behalf. You must provide a copy of your latest salary slip or social benefit payment (uitkering) and your bank statements from the past three months. If a social worker or someone else manages your finances, please include copies of their budget management for the last three months. Rest assured, all your information will be treated confidentially.

**Temporary entitlement to food packets**

Receiving food aid is considered a temporary solution. We expect you to remove yourself from the list once your financial situation improves, so that other families in need can benefit. Every three months, we will review your financial status and assess your progress. Confidential advisors from the Voedselbank will help you with advice if needed.

**Where and when can you collect your food packet?**

Food packets can be collected every Thursday afternoon. If you are enrolled at Hofkerk or Marcuskerk, food packets are available every Tuesday afternoon. Please check the website for details.

**What if you cannot collect your food packet?**

If you cannot come, you can send someone else to collect it, but make sure they have a signed letter from you. If you are unable to collect the food parcel, please call (06 – 303 222 55) or email ([info@voedselbankdelft.nl](mailto:info@voedselbankdelft.nl)) in advance. If you miss two pickups without notifying us, we will assume that you no longer need food aid, and your name will be removed from the list.

Contact information

For further questions, please contact us at 06 - 303 222 55.

Stichting Voedselbank Delft

**Stichting Voedselbank Delft**

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*Aangemerkt door de Belastingdienst als ANBI*